

Once stocks are split, all percentage data is reflective of the split.  
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# Stock Watch as of April 23, 2013

COMPANY NAME (PUBLIC NAME)	SALES METHOD	EXCHANGE	SYMBOL	MARKET CAPITALIZATION IN MILLIONS	PRICE AS OF 4/23/13	PRICE AS OF 2/28/13	MONTH % CHANGE*	YTD % CHANGE	2012 RETURN	52 WEEK HIGH	52 WEEK LOW	CALENDAR 2012 EPS	2013 E CONSENSUS EPS ESTIMATE	P/E ON 2013 EPS ESTIMATE
AVON PRODUCTS INC.	DS	NYSE	AVP	8,448.8	22.41	19.55	12.8%	35.9%	(17.8%)	22.71	13.70	0.84	1.03	N/A
BULTE INDUSTRIES INC. (PARTYLITE, VISALUS)	PP	NYSE	BTH	235.2	15.92	14.29	10.2%	2.3%	(45.2%)	46.15	12.66	N/A	3.70	27
COMPUTER VISION SYSTEMS LABORATORIES (LONGABERGER)	NM	OTC BB	CVSL	15.0	0.27	0.57	(114.9%)	29.0%	5.5%	0.75	0.02	N/A	N/A	N/A
CRUISE ENERGY TRUST (VIRIDIAN ENERGY)	NM	TORONTO	TSX:KWH.LIN	99.0	6.38	9.90	(65.2%)	(48.7%)	N/A	10.10	6.30	N/A	N/A	N/A
FOREVERGREEN	NM	OTC BB	FVRG-U	1.0	0.15	0.07	52.8%	15.4%	0.8%	0.25	0.04	N/A	N/A	N/A
HERBALIFE LTD.	NM	NYSE	HLF	4,307.0	36.50	40.29	(10.4%)	9.8%	(36.2%)	72.99	24.24	4.07	4.66	9
LIFEVANTAGE CORP.	NM	NASDAQ	LFVN	287.6	2.27	2.53	(11.5%)	3.5%	53.1%	3.85	1.60	N/A	0.14	57
LIGHTYEAR NETWORK	NM	OTC BB	LYNS-U	1.4	0.08	0.06	22.5%	50.0%	(88.7%)	0.30	0.02	N/A	N/A	N/A
MANIMATECH INC.	NM	NASDAQ	MTEX	15.3	7.60	5.76	24.2%	26.1%	27.7%	7.90	3.35	N/A	N/A	N/A
MEDIFAST INC. (TAKE SHAPE FOR LIFE)	NM	NYSE	MED	359.5	24.05	23.18	3.6%	(9.7%)	92.3%	33.29	15.52	1.45	1.77	21
NATURAL HEALTH TRENDS	NM	OTC BB	NHTC-5	13.7	1.30	1.24	4.6%	22.3%	55.4%	1.60	0.51	N/A	N/A	6
NATURE'S SUNSHINE PRODUCTS	NM	NASDAQ	NATR	225.1	14.84	14.46	2.6%	2.4%	(6.7%)	18.39	12.66	1.60	1.49	9
NU SKIN ENTERPRISES INC.	NM	NYSE	NUS	2,418.2	50.70	41.20	18.7%	26.9%	(23.7%)	60.14	32.36	3.52	4.00	14
PRIMERICA INC.	NM	NYSE	PRI	1,774.1	32.89	31.47	4.3%	8.8%	29.1%	34.35	23.28	2.74	2.99	12
RBC LIFE SCIENCES INC.	NM	OTC BB	RBCL-5	4.4	0.17	0.20	(17.6%)	41.2%	(50.0%)	0.29	0.01	N/A	N/A	N/A
RELY INTERNATIONAL	NM	NASDAQ	RELY	14.7	1.26	1.18	6.3%	(4.0%)	6.5%	1.88	1.15	N/A	0.20	12
TUPPERWARE	PP	NYSE	TUP	4,325.6	83.11	78.23	5.9%	22.9%	14.5%	83.25	50.90	5.00	5.70	24
USANA INC.	NM	NYSE	USNA	638.9	50.76	44.29	12.7%	35.1%	8.4%	50.99	30.51	4.46	5.18	11
EDUCATIONAL DEVELOPMENT CORP. (USBORNE BOOKS AND MORE)	PP	NASDAQ	EDUC	15.3	3.60	3.91	(8.6%)	(5.8%)	(24.0%)	4.95	3.40	N/A	N/A	11
AL INTERNATIONAL (YOUNG&EVITY)	DS	OTC BB	JCOF-5	115.9	0.28	0.30	(6.2%)	33.9%	(41.3%)	0.36	0.12	N/A	N/A	N/A
<b>REVENUE FROM DS, NM, PP, LESS THAN 50% OF TOTAL REVENUE</b>														
BERKSHIRE HATHAWAY (KIRBY, WORLD BOOK, PAMPERED CHEF)	PP	NYSE	BRK'A-US	252,456.9	158,810.00	152,600.00	3.9%	15.6%	16.8%	161,175.00	117,551.00	7628.00	5.50	18
JUST ENERGY GROUP INC. (MOMENTIS)	NM	NYSE	JE	1,062.4	6.16	7.52	(22.2%)	(55.8%)	(14.8%)	13.47	5.77	N/A	N/A	2.89
<b>FOREIGN STOCKS</b>														
IMMUNOTEC	NM	TORONTO-V	IMM-V	16.1	0.18	0.23	(27.8%)	(5.6%)	(13.6%)	0.30	0.13	N/A	N/A	20.00
NATURA COSMETICS	DS	SAO PAOLO	NATU3-BR	21,937.1	49.22	51.10	(3.8%)	(19.1%)	61.7%	56.99	34.08	2.00	N/A	N/A
ORIFLAME COSMETICS	NM	STOCKHOLM	ORI-SK	12,778.0	216.50	223.70	(3.3%)	4.6%	(5.0%)	261.50	178.30	2.23	20.01	N/A
TELECOM PLUS PLC	NM	LONDON	TEP-LIN	69,856.9	1,185.00	995.00	16.0%	22.0%	19.6%	1,213.88	659.00	N/A	36.97	3445
<b>AVERAGE % OF CHANGE</b>														
DOW JONES INDUSTRIALS			.DJI-A-DI		14,701.60	14,054.49	4.4%	10.9%	7.3%	14,708.25	10,404.50			
S&P 500			.SPX-UT		1,576.54	1,514.68	3.9%	9.5%	13.4%	1,597.35	1,266.74			
NASDAQ COMPOSITE			COMP-O		3,267.34	3,160.19	3.3%	7.6%	15.9%	3,306.95	2,726.68			

NOTES:  
 All share prices and market capitalizations quoted in US dollars except Telecom Plus (British Pence), Natura (Brazilian Real), Oriflame (Swedish Kroner) and Immunotec (Canadian Dollar)  
 NM: Network marketing, DS: direct selling, PP: party plan  
 Source: Thomson Reuters, Capital IQ  
 Disclaimer: Past performance does not indicate future results  
 \*This month's stock numbers are compared to those of 2/28/13 and the percentage of change is identified for that time period, which is more than the period of one month.